



**EVOLUTION
MARTIAL ARTS**

IMPORTANT DATES

- 7/3 4th of July NO CLASSES!!
- 7/8- SUMMER BREAK!
- 7/10- Summer Camp - Week 4
- 7/14 STAR WARS! Jedi Skills
- 7/14 Parkland Graduation 7:30 pm
- 7/17- Summer Camp - Week 5
- 7/21 STAR WARS! Jedi Skills
- 7/21 Sunrise Graduation 7 pm
- 7/24- Summer Camp - Week 6
- 7/28 STAR WARS! Jedi Skills

BRING-A-FRIEND DAYS

- 7/1 Bring-A-Friend Day!
- 7/11 Bring-A-Friend Day!
- 7/13 Bring-A-Friend Day!
- 7/15 Bring-A-Friend Day!
- 7/22 Bring-A-Friend Day!
- 7/25 Bring-A-Friend Day!
- 7/27 Bring-A-Friend Day!
- 7/29 Bring-A-Friend Day!

BEGINNING NUNCHUKU

- 7/14 5 pm

BEGINNING BO STAFF

- 7/21 5 pm

TUMBLING

- 7/28 5 pm

BBLP SEMINAR

- 6/30 7 pm

ACHIEVEMENT CLUB

- 6/30 7:30 pm

DEMO TEAM

- 7/21 6:30 pm

BBLP FITNESS

- 7/22 12:15 pm Westwind Park

SUNRISE JULY 2017



This Month's Motto:
**What goes around,
comes around**

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	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Topic of the Day	Topic of the Day	Topic of the Day	Topic of the Day	Topic of the Day	Topic of the Day	Topic of the Day
R		<i>JULY 31</i> <i>T-Shirt Day</i> <i>Circuit Training</i>	<i>AUG. 1</i> <i>Test Review</i>	<i>AUG. 2</i> <i>T-Shirt Day</i> <i>Sparring Drills</i> <small>*Gold & Above Bring Protective Gear</small>		<i>JUNE 30</i> <i>Tumbling 5 pm</i> <i>BBLP Seminar 7 pm</i> <i>Achievement 7:30 pm</i>	<i>JULY 1</i> <i>T-Shirt Day</i> <i>Instructor's Choice</i> <i>Parent Class</i> <i>Bring-A-Friend Day</i>
E	2	3	4	5	6	7	8
S	HAPPY 4th OF JULY NO CLASSES!!						
P	9	10 <i>Test Review</i>	11 <i>Bring-A-Friend Day</i> <i>T-Shirt Day</i> <i>Pad Kicking</i> <i>Balloon Breaking</i>	12 <i>Test Review</i>	13 <i>T-Shirt Day</i> <i>Self Defense</i> <i>Dodge Pad</i> <small>Bring-A-Friend Day</small>	14 <i>Beg. Nunchuku 5 pm</i> <i>Parkland Graduation 7:30 pm</i>	15 <i>T-Shirt Day</i> <i>Extreme Combos</i> <i>Parent Class</i> <i>Bring-A-Friend Day</i>
E	SUMMER CAMP WEEK 4 - STAR WARS JEDI SKILLS						
C	16	17 <i>T-Shirt Day</i> <i>Parkour</i>	18 <i>Test Review</i>	19 <i>T-Shirt Day</i> <i>Sparring Drills</i> <small>*Gold & Above Bring Protective Gear</small>	20 <i>Test Review</i>	21 <i>Beg. Bo 5 pm</i> <i>Demo 6:30 pm</i> <i>Sunrise Graduation 7 pm</i>	22 <i>T-Shirt Day</i> <i>Circuit Training</i> <i>Parent Class</i> <i>BBLP Fitness Run 12:15 pm</i> <i>Bring-A-Friend Day</i>
T	SUMMER CAMP WEEK 5 - STAR WARS JEDI SKILLS						
T	23	24 <i>Test Review</i>	25 <i>T-Shirt Day</i> <i>Paper Drills</i> <i>Relay Race</i> <small>Bring-A-Friend Day</small>	26 <i>Test Review</i>	27 <i>T-Shirt Day</i> <i>Pad Kicking</i> <i>Board Breaking</i> <small>Bring-A-Friend Day</small>	28 <i>Tumbling 5 pm</i>	29 <i>T-Shirt Day</i> <i>Instructor's Choice</i> <i>Parent Class</i> <i>Bring-A-Friend Day</i>
	SUMMER CAMP WEEK 6 - STAR WARS JEDI SKILLS						